

**REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED
FRESH BERRIES SOFTENED/NO GRAPES
FAYETTE COUNTY CHILD DEVELOPMENT INC.**

**Early HEAD START
Breakfast MENU
September 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Labor Day	2 ½ C Cornflakes 1 boiled egg 1/4 banana ½ C milk	3 ¼ C Oatmeal ¼ c Blueberries ½ C milk	4 ½ English muffin ¼ c mandarin oranges ½ C milk	5 Banana Muffin ¼ C pears ½ C milk
8 1 Oz waffle 2T Butter and syrup ¼ c mixed berries ½ C milk	9 ¼ c scrambled egg & cheese ¼ c C sliced strawberries 1 S Toast ½ C milk	10 ½ c cheerios ¼ banana ½ C milk	11 1 biscuit 1 oz sausage ¼ c pears ½ C milk	12 ¼ c oatmeal ¼ c blueberries ½ C milk
15 ½ S cheese toast ¼ c Mandarin oranges ½ C milk	16 ½ English muffin Butter and jelly ¼ c fruit cocktail ½ C milk	17 1 oz pancake 2T syrup ¼ banana ½ C milk	18 ½ c rice Krispies ¼ c strawberries ½ C milk	19 1 s turkey bacon Blueberry muffin ¼ c peaches ½ C milk
22 ½ c cheerios 1/4 banana ½ C milk	23 1 s cinnamon toast ¼ c pears ½ C milk	24 ½ c cornflakes 1 boiled egg ¼ banana ½ C milk	25 ¼ c oatmeal ¼ c blueberries ½ C milk	26 NO SCHOOL Last Friday of the month
29 1 oz waffle 2T Butter and syrup ¼ c mixed berries ½ C milk	30 1oz sausage Banana muffin ¼ c pears ½ C milk			In accordance with Federal Law and US Dept. of Agriculture Policy, this institution is prohibited from discriminating on the basics of Race, Color, organ, age, gender and disability