

**REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED  
FRESH BERRIES SOFTENED/NO GRAPES  
FAYETTE COUNTY CHILD DEVELOPMENT INC.**

**Early HEAD START**

**Lunch MENU**

**September 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>No School Labor Day</b>	2 1 ½ oz chicken patty with bun 8 tator tots ¼ c broccoli ½ C milk	3 ½ c taco casserole ¼ c California blend ¼ c diced pears ½ C milk	4 1 ½ oz baked turkey ¼ c mashed potatoes ¼ c dressing ¼ c baked apples ½ C milk	5 1 ½ oz cheeseburger w/bun ¼ c baked beans ¼ c applesauce ½ C milk
8 1 s pepperoni pizza ½ c garden salad/dressing ¼ c fruit salad ½ C milk	9 1 ½ oz chicken nuggets ¼ c green beans ¼ c applesauce ½ s bread ½ C milk	10 1 ½ oz sloppy joe ½ bun ½ c coleslaw ¼ c pears ½ C milk	11 ½ c lasagna ½ c tossed salad/dressing ¼ c mandarin oranges 1 garlic bread ½ C milk	12 1 ½ oz baked fish ¼ c cooked carrots ¼ c pineapple tidbits ½ C milk
15 1 ½ oz cheeseburger w/bun ¼ c baked beans ¼ c applesauce 8 tator tots ¾ c milk	16 1 ½ oz oven roasted chicken ¼ c carrots Roll ¼ c peaches ¾ c milk	17 1 ½ oz beef tips ½ c noodles ¼ c broccoli ¼ c pears ¾ c milk	18 1 scrambled egg ¼ c tomato ¼ c cooked apples 1 s toast ¾ c milk	19 ½ c tomato soup ½ grilled cheese sandwich ¼ c carrot sticks ¼ c pineapple tidbits ½ C milk
22 1 ½ oz meatloaf ¼ c mashed potatoes ½ biscuit ¼ c diced pears ¾ c milk	23 1 ½ oz BBQ chicken ¼ c baked beans ¼ c macaroni & cheese ¼ c fruit cocktail ¾ c milk	24 ½ oz ham slice ¼ c peas 1 roll ¼ c pineapple tidbits ½ C milk	25 1 s pepperoni pizza ½ cup garden salad/dressing ¼ c fruit salad ½ C milk	26 <b>NO SCHOOL Last Friday of the month</b>
29 ¼ c spaghetti ¼ c meat sauce ½ c garden salad/dressing ¼ c peaches ¾ c milk	30 ½ ham and cheese sandwich ½ c potato soup ¼ c fruit cocktail ¾ c milk			In accordance with Federal Law and US Dept. of Agriculture Policy, this institution is prohibited from discriminating on the basis of Race, Color, organ, age, gender and disability