

**REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED
FRESH BERRIES SOFTENED/NO GRAPES
FAYETTE COUNTY CHILD DEVELOPMENT INC.**

**HEAD START
Breakfast MENU
September 2025**

~~2025~~

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Labor Day	2 ½ C Cornflakes 1 boiled egg ½ banana ¾ C milk	3 ¼ C Oatmeal ½ c Blueberries ¾ C milk	4 ½ English muffin ½ c mandarin oranges ¾ C milk	5 Banana Muffin ½ C pears ¾ C milk
8 1 Oz waffle 2T Butter and syrup 1/2 c mixed berries ¾ cup milk	9 <i>Parent meeting</i> ¼ c scrambled egg & cheese ½ C sliced strawberries 1 S Toast ¾ c milk	10 ½ c cheerios ½ banana ¾ c milk	11 1 biscuit 1 oz sausage ½ c pears ¾ c milk	12 ¼ c oatmeal ½ c blueberries ¾ c milk
15 ½ S cheese toast ½ c Mandarin oranges ¾ c milk	16 ½ English muffin Butter and jelly ½ c fruit cocktail ¾ c milk	17 1 oz pancake 2T syrup ½ banana ¾ c milk	18 ½ c rice Krispies ½ c strawberries ¾ c milk	19 1 s turkey bacon Blueberry muffin ½ c peaches ¾ c milk
22 ½ c cheerios ½ banana ¾ c milk	23 1 s cinnamon toast ½ c pears ¾ c milk	24 ½ c cornflakes 1 boiled egg ½ banana ¾ c milk	25 ¼ c oatmeal ½ c blueberries ¾ c milk	26 NO SCHOOL Last Friday of the month
29 1 oz waffle 2T Butter and syrup ½ c mixed berries ¾ c milk	30 1oz sausage Banana muffin ½ c pears ¾ c milk			In accordance with Federal Law and US Dept of Agriculture Policy, this institution is prohibited from discriminating on the basics of Race, Color, organ, age, gender and disability