

**REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED
FRESH BERRIES SOFTENED/NO GRAPES
FAYETTE COUNTY CHILD DEVELOPMENT INC.**

**HEAD START
Lunch MENU
September 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Labor Day	2 1 ½ oz chicken patty with bun 8 tator tots ¼ c broccoli ¾ c milk	3 ½ c taco casserole ¼ c California blend ¼ c diced pears ¾ c milk	4 1 ½ oz baked turkey ¼ c mashed potatoes ¼ c dressing ¼ c baked apples ¾ c milk	5 1 ½ oz cheeseburger w/bun ¼ c baked beans ¼ c applesauce ¾ c milk
8 1 s pepperoni pizza ½ c garden salad/dressing ¼ c fruit salad ¾ c milk	9 <i>Parent meeting</i> 1 ½ oz chicken nuggets ¼ c green beans ¼ c applesauce ½ s bread ¾ c milk	10 1 ½ oz sloppy joe ½ bun ½ c coleslaw ¼ c pears ¾ c milk	11 ½ c lasagna ½ c tossed salad/dressing ¼ c mandarin oranges 1 garlic bread ¾ c milk	12 1 ½ oz baked fish ¼ c cooked carrots ¼ c pineapple tidbits ¾ c milk
15 1 ½ oz cheeseburger w/bun ¼ c baked beans ¼ c applesauce 8 tator tots ¾ c milk	16 1 ½ oz oven roasted chicken ¼ c carrots Roll ¼ c peaches ¾ c milk	17 1 ½ oz beef tips ½ c noodles ¼ c broccoli ¼ c pears ¾ c milk	18 1 scrambled egg ¼ c tomato ¼ c cooked apples 1 s toast ¾ c milk	19 ½ c tomato soup ½ grilled cheese sandwich ¼ c carrot sticks ¼ c pineapple tidbits ¾ c milk
22 1 ½ oz meatloaf ¼ c mashed potatoes ½ biscuit ¼ c diced pears ¾ c milk	23 1 ½ oz BBQ chicken ¼ c baked beans ¼ c macaroni & cheese ¼ c fruit cocktail ¾ c milk	24 ½ oz ham slice ¼ c peas 1 roll ¼ c pineapple tidbits ¾ c milk	25 1 s pepperoni pizza ½ cup garden salad/dressing ¼ c fruit salad ¾ c milk	26 NO SCHOOL Last Friday of the month
29 ¼ c spaghetti ¼ c meat sauce ½ c garden salad/dressing ¼ c peaches ¾ c milk	30 ½ ham and cheese sandwich ½ c potato soup ¼ c fruit cocktail ¾ c milk			In accordance with Federal Law and US Dept. of Agriculture Policy, this institution is prohibited from discriminating on the basics of Race, Color, organ, age, gender and disability