

**REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED
FRESH BERRIES SOFTENED/NO GRAPES
FAYETTE COUNTY CHILD DEVELOPMENT INC.**

**HEAD START
EHS SNACK MENU
September 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Labor Day	2 ¼ c cottage cheese ¼ c pineapple tidbits	3 ½ oz string cheese 4 crackers	4 ¼ c yogurt ¼ c strawberries diced	5 ½ oz goldfish ½ c milk
8 ¼ c applesauce ½ c milk	9 ¼ c yogurt 4 graham crackers	10 4 Vanilla wafers ½ c milk	11 Goldfish crackers ½ oz cheese	12 ¼ c yogurt ¼ c strawberries
15 ½ oz string cheese 4 crackers	16 ¼ c cottage cheese ¼ c pineapple tidbits	17 ¼ c yogurt ¼ c peaches	18 ½ oz goldfish ½ c milk	19 4 vanilla wafers ½ banana
22 ¼ c yogurt 4 graham crackers	23 ½ oz string cheese 4 crackers	24 ¼ c cottage cheese ¼ c pineapple tidbits	25 ¼ c applesauce ½ c milk	26 NO SCHOOL Last Friday of the month
29 ½ oz goldfish ½ c milk	30 ½ oz string cheese 4 crackers			In accordance with Federal Law and US Dept. of Agriculture Policy, this institution is prohibited from discriminating on the basics of Race, Color, organ, age, gender and disability