

**REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED
FRESH BERRIES SOFTENED/NO GRAPES/NO SALAD
FAYETTE COUNTY CHILD DEVELOPMENT INC.**

JANUARY 2027 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				¹ NEW YEARS DAY NO SCHOOL
⁴ 1.5 oz baked ham 1 oz sweet potato fries ½ c green beans ½ c pears 6 oz milk	⁵ 1.5 oz chicken stir- fry with california blend veggies ½ c brown rice ½ c pineapple tidbits 6 oz milk	⁶ 1.5 oz beef stew ½ c mixed veggies Whole wheat roll 1.2 c berries 6 oz milk	⁷ 1.5 oz bbq pulled pork w/ whole wheat bun ½ c baked beans ½ c cooked apples 6 oz milk	⁸ 1.5 oz beef taco Whole grain tortilla ½ c lettuce and tomato Salsa ½ c diced pears 6 oz milk
¹¹ 1.5 oz tomato soup ½ grilled cheese ½ c cucumber slices ½ c pineapple tidbits 6 oz milk	¹² 1.5 oz lasagna ½ c salad (green beans for EHS) 1 garlic bread ½ c peaches 6 oz milk	¹³ 1.5 oz pepperoni pizza ½ c broccoli ½ c pears 6 oz milk	¹⁴ 1.5 oz chicken alfredo whole wheat pasta ½ c green beans ½ c strawberries 6 oz milk	¹⁵ 1.5 oz chili w/beans 1 oz cornbread ½ c broccoli ½ c mixed berries 6 oz milk
¹⁸ MARTIN LUTHER KING JR HOLIDAY NO SCHOOL	¹⁹ 1.5 oz taco salad w/whole wheat (lettuce tomato cheese) tortilla chips ½ c corn ½ c pineapple tidbits 6 oz milk	²⁰ 1.5 oz meatballs 1 whole wheat roll ½ c mixed veggies ½ c applesauce 6 oz milk	²¹ 1.5 oz mac and cheese ½ c peas ½ c mixed berries 6 oz milk	²² 1.5 oz chicken quesadillas 1 oz lettuce and salsa ½ c pineapple tidbits 6 oz milk
²⁵ 1.5 oz chicken parmesan Whole wheat pasta ½ c broccoli ½ c applesauce 6 oz milk	²⁶ 1.5 oz BBQ pulled chicken ½ c baked beans ½ c cooked apples Whole wheat bun 6 oz milk	²⁷ 1.5 oz roasted turkey ½ c brown rice ½ c mixed veggies ½ c strawberries 6 oz milk	²⁸ 1.5 oz baked chicken Whole wheat roll ½ c green beans ½ c peaches 6 oz milk	²⁹ LAST FRIDAY OF THE MONTH NO SCHOOL