REMEMBER ALL EARLY HEAD START CLASSROOMS FOOD HAS TO BE DICED, CHOPPED
FRESH BERRIES SOFTENED/NO GRAPES/NO SALAD
FAYETTE COUNTY CHILD DEVELOPMENT INC.

OCTOBER 2026 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 ½ oz cornflakes 1 s sausage ½ banana 6 oz milk	2 ½ s cheese toast 1 s sausage ½ c blueberries 6 oz milk
5 1/2 oz cheerios ½ banana 6 oz milk	6 ½ pancake ½ c applesauce 6 oz milk	7 ½ c oatmeal ½ c peaches 6 oz milk	8 ½ bagel w/ cream cheese ½ c mixed berries 6 oz milk	9 ½ s French toast 1 slice bacon ½ c pears 6 oz milk
12 ½ c scrambled eggs ½ s toast ½ c strawberries 6 oz milk	13 ½ c cornflake cereal ½ banana 6 oz milk	14 ½ biscuit w/ sausage and gravy ½ c peaches 6 oz milk	15 ½ waffle ½ c pears 6 oz milk	16 NO SCHOOL STAFF TRAINING DAY
19 ½ c rice krispy cereal ½ c mixed berries 6 oz milk	20 1 egg omelet ½ s toast ½ c peaches 6 oz milk	21 1 banana muffin ½ c strawberries 6 oz milk	22 1 pancake ½ c diced pears 6 oz milk	23 1 s cheese toast ½ c applesauce 6 oz milk
26 ½ c oatmeal ½ banana 6 oz milk	27 ½ c cheerios ½ c blueberries 6 oz milk	28 ½ English muffin ½ c diced peaches 6 oz milk	29 1 oz waffle w/ syrup 1 s bacon ½ c strawberries 6 oz milk	30 LAST FRIDAY OF THE MONTH NO SCHOOL